

# Penguin in the Park 5K

Run/Walk

Saturday, March 29, 2008

Decatur, Illinois

9:00 am at Fairview Park Pavilion

## Registration & Information

- *Packet Pick-up and Registration:*  
1:00 pm – 5:00 pm, Staley Credit Union, 3330 N Woodford, Decatur, on Friday, March 28 or 7:30 am – 8:15 am on Race Day at Fairview Pavilion
- Post-Race Party will be held at Griswold Gym on Millikin's campus following race
- Awards and prizes at 10:30 am featuring John Bingham, *Runner's World* famed Penguin

## Proceeds

All proceeds will help benefit the Decatur Indoor Sports Center youth programs and Millikin Alumni and Development programs.

## Complimentaries

- Short sleeve T-shirt
- Post-Race Party, Awards, and Prizes

## Race Course

- Race starts in Fairview Park on roadway then switches to scenic bike path – finishes near large pavilion.

## Awards

- 3 awards per age group per gender
- Commemorative Finisher Medal
- Overall male & female winners will be eliminated from their respective age group and will receive free entries into the Chicago Distance Classic in August

8 – under	25 – 29	50 – 54
9 – 11	30 – 34	55 – 59
12 – 14	35 – 39	60 – 64
15 – 19	40 – 44	65 – 69
20 – 24	45 – 49	70 & up

## Entry Fees

- \$16 if postmarked by March 22, 2008
- \$17 after March 22, 2008, \$20 on Race Day.
- \$1 discount for Decatur Running Club Members, Millikin Students/Alum/Faculty/Staff, and Decatur Indoor Sports Center Members. Not eligible for multiple discounts. Discounts only apply to pre-registrations by March 22, 2008.
- Mail and Make Checks Payable to:  
**"Penguin in the Park" 29 Sundance Dr. Mt Zion, IL 62549**

## ENTRY FORM & WAIVER

Male  Female

LAST NAME

FIRST NAME

MI

STREET ADDRESS

CITY

STATE

ZIP

EMAIL

SHIRT SIZE:  S  M  L  XL  XXL

AGE ON RACE DAY \$1 DISCOUNT (check 1) by MARCH 22:  DECATUR RUNNING CLUB  MILLIKIN  DISC MEMBER

SIGNATURE (GUARDIAN if UNDER 18)

DATE

I know that running/walking a road race is a potentially hazardous activity. I know that I should not enter a run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running this event. I also know that although police protection will be provided, I assume the risk of running/walking in traffic. Having read this waiver and knowing these facts and in consideration of you accepting my application and non-refundable entry fee, I, for myself and anyone entitled to act on my behalf, waive and release the Decatur Running Club, its officers and/or the Decatur Park District, Millikin University, the city of Decatur, and all other sponsors, officials, volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this race. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this race for any legitimate purpose.

UNSIGNED ENTRIES WILL BE REJECTED